

PARENTS' PLACE

NEWSLETTER

Contact us:

626.919.1091

1500 S Hyacinth Ave #B
West Covina, CA 91791

Volume 32, Issue 1

January—March 2024

[A Message from Elena Sanchez, Executive Director](#)

Welcome Parents, Families, Friends, Professionals, and Community members,

Our team is wishing you a happy and healthy 2024. Please know that whatever 2024 brings, we will be here for you. We offer workshops, conferences, support groups, and parent to parent support just to mention a few, in hopes to achieve the families and individuals' goals of living to their fullest potential.

In our efforts to introduce our team, Parents' Place newsletter will proudly "Spotlight" a team member, where they will have the opportunity to write about the role(s) they play here at Parents' Place. This month the "Spotlight" is on Lucia Perez.



Hello, my name is Lucia Perez, I am a Bilingual Family Resource Specialist. Although I am new to Parent's Place, I have over 17 years of experience in the social services field. My extensive experience in working with individuals with special needs has allowed me to assist families within the communities.

• **What's your role at Parents' Place?**

My role at Parents' Place FRC is to support bilingual families obtain the resources from San Gabriel Pomona Regional Center and community. I empower families with providing information and resources to successfully direct them through the system. I currently facilitate the Young Adult Social Group from ages 18 through 26 to come together to socialize and make new friends.

• **What led you to your current role?**

I worked at a non-profit organization for over 17 years, climbing the ladder from a Personal attendant to a Program Coordinator. I have worked with adults with disabilities and their families with providing support with different roles. I came to Parents' Place in February 2023 with experience helping families with disabilities. I have worked with Parents' Place when working with the non-profit organization in the past. I was very fortunate to have an opportunity to continue providing support to families with children with disabilities.

• **What do you most enjoy about your role?**

In my role as a Family Resource Specialist, I enjoy meeting new parents with their children/young adults and providing resources and knowledge to successfully advocate through their needs. I enjoy seeing families accomplish their goals through their child's stages of life. I also enjoy working with the Young Adult Social Group and learning about the individuals that attend the support group and their personalities.

• **What advice would you give to a person who is interested in joining the Parents' Place FRC team?**

My advice to a person who is interested in joining the Parents' Place FRC team is to bring a positive attitude to the workplace in order to provide a warm environment for the families that need resources. Working for Parents' Place, you will gain leadership skills and communication skills to work toward the same goal of providing hope and support for families with children with special needs through education and community resources.

I can be reached at:

(626) 919-1091 or by email at lucia.perez@parentsplacefrc.com

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Bienvenidos Padres, Familias, Amigos, Profesionales y Miembros de la Comunidad,

Nuestro equipo le desea un feliz y saludable 2024. Tenga en cuenta que, lo que brinde este 2024, estaremos aquí para ayudarlo. Ofrecemos talleres, conferencias, grupos de apoyo y apoyo de padre a padre, solo por mencionar algunos, con la esperanza de lograr las metas de las familias y las personas puedan vivir a su máximo potencial.

En nuestros esfuerzos por presentar a nuestro equipo, el boletín informativo de Parents' Place se enorgullece de "reconocer" a un miembro del equipo, donde tendrá la oportunidad de escribir sobre los roles que desempeñan aquí en Parents' Place. Este mes el "foco de atención" está en Lucía Pérez.



Hola, mi nombre es Lucía Pérez, soy Especialista Bilingüe en Recursos Familiares. Aunque soy nueva en Parent's Place, tengo más de 17 años de experiencia en el campo de los servicios sociales. Mi amplia experiencia en el trabajo con personas con necesidades especiales me ha permitido ayudar a las familias dentro de las comunidades.

¿Cuál es tu papel en Parent's Place? Mi papel en Parents' Place FRC es apoyar a las familias bilingües para que obtengan los recursos del Centro Regional de San Gabriel Pomona. Empodero a las familias con información y recursos para dirirlas con éxito a través del sistema. Actualmente facilito el Grupo Social de Adultos Jóvenes de 18 a 26 años para que se reúnan para socializar y hacer nuevos amigos.

¿Qué te llevó a tu puesto actual? Trabajé en una organización sin fines de lucro durante más de 17 años, ascendiendo de asistente personal a coordinadora de programas. He trabajado con adultos con discapacidades y sus familias brindándoles apoyo con diferentes servicios sociales. Llegué a Parents' Place en febrero de 2023 con experiencia previa. Ya había trabajado con Parents' Place cuando trabajé con la organización sin fines de lucro en el pasado. Soy muy afortunada de tener la oportunidad de continuar brindando apoyo a familias con niños con necesidades especial discapacidades.

¿Qué es lo que más disfrutas de tu trabajo? En mi papel como Especialista en Recursos Familiares, disfruto conocer a los nuevos padres con sus hijos/adultos jóvenes y brindarles recursos y conocimientos para abogar con éxito a través de sus necesidades. Disfruto ver a las familias lograr sus metas a través de las etapas de la vida de sus hijos. También disfruto trabajar con el Grupo Social de Jóvenes Adultos y aprender sobre las personas que asisten y sus personalidades.

¿Qué consejo le darías a una persona que está interesada en unirse al equipo de FRC de Parent's Place? Mi consejo para una persona que esté interesada en unirse al equipo de FRC de Parents' Place es que traiga una actitud positiva al lugar de trabajo para proporcionar un ambiente cálido para las familias que necesitan recursos. Trabajando para Parents' Place, adquirirá habilidades de liderazgo y habilidades de comunicación para trabajar hacia el mismo objetivo de brindar esperanza y apoyo a las familias con niños con necesidades especiales a través de la educación y los recursos comunitarios.

Se pueden comunicar directamente a :

(626) 919-1091 o por correo electrónico a lucia.perez@parentsplacefrc.com



**THE SAN GABRIEL/ POMONA
PARENTS' PLACE FAMILY RESOURCE
& EMPOWERMENT CENTER**

Calendar of Events 2024

**Calendar of events for In-Person, Zoom
Webinars and Support Groups Effective:
January- March 2024
PRE- REGISTRATION REQUIRED: CALL
(626) 919-1091
(ALL WORKSHOPS ARE FREE).**

JANUARY

FEBRUARY

MARCH

Save the Date
Sunday, April 28, 2024
**Annual Information
Fair
& Festival!**
Time:
1:00 p.m. to 4:00 p.m.



REACH Support Group
**Topic: In Home Supportive
Services (IHSS).**
Thursday, 4
7:00 p.m. - 9:00 p.m.

**TASK (Parent Training
Information Center)**
**Early Intervention and
Transition at Age 3**
Tuesday, 16
Zoom Meeting: 10:30 a.m. -
12:00 p.m.

Play to Learn Workshop
Nutrition
Wednesday, 31
10:00 a.m. - 11:30 a.m.

**In Home Supportive Services
(IHSS) on Zoom**
Friday, 26
10:00 a.m. - 11:00 a.m.



REACH Support Group
**Topic: Executive Functioning &
Assistive Technology Tools**
Thursday, 1
7:00 p.m. - 9:00 p.m.

**Starlight-Mandarin and
Cantonese**
Parent support group
Tuesday, 27
In-Person: 10:00 a.m. - 12:00 p.m.

**Annual Transition Conference,
Life After High School, What You
Need to Know...**
Saturday, 24, In-Person
9:00 a.m. - 12:30 p.m.

Play to Learn Workshop
Gross Fine Motor Skills
Wednesday, 28
10:00 a.m. - 11:30 a.m.



REACH Support Group
**Topic: Self Care-The Importance
of Mental Health**
Thursday, 7
7:00 p.m. - 9:00 p.m.

**Child Abuse Prevention and
Resilience on Zoom**
Monday, 11
10:00 a.m. - 12:00 p.m.
Registration Link:
<https://tinyurl.com/mdjbrwn3>

Navigating IEPS
**TASK (Parent Training
Information Center)**
Tuesday, 26
10:30 a.m. - 12:00 p.m.
Registration Link:
<https://bit.ly/45ssMhS>

Social Supplemental Income (SSI)
In-Person
Friday, 29
10:00 a.m. - 12:00 a.m.

Play to Learn Workshop
Importance of Social Emotional Skills
Wednesday, 27
10:00 a.m. - 11:30 a.m.



Funded in part by California Department of Developmental Services & California Department of Education



**THE SAN GABRIEL/ POMONA
PARENTS' PLACE FAMILY RESOURCE
& EMPOWERMENT CENTER**

Calendario de Eventos 2024

Calendario de eventos para seminarios web y grupos de apoyo de Zoom vigentes: .

Enero - Marzo 2024

SE REQUIERE INSCRIPCIÓN PREVIA:
LLAME AL (626)919-1091 (TODOS LOS TALLERES SON GRATUITOS).

ENERO

FEBRERO

MARZO

Aparte el día para
nuestra Feria
Anual y Festival
Informativa!
Domingo, 28 de
Abril del 2024
De
1:00 p.m. - 4:00 p.m.



**Intervención Temprana Y
Servicios de Transición a los 3
Años via Zoom**

Martes, 16
10:00 a.m. - 11:30 a.m.
Enlace de registro:
<https://bit.ly/3qAOJN6>

**Nuevo Día! Grupo de apoyo
en persona**
Miércoles, 10
10:00 a.m. - 11:30 a.m.

**Carita Feliz! Grupo de apoyo
(síndrome de down)**
Viernes, 19
4:00 p.m. - 5:30 p.m.

**Play to Learn Workshop
nutrición-en persona**
Miércoles, 31
10:00 a.m. - 11:30 a.m.

*Happy
New Year*

IHSS- en persona

Viernes, 9
10:00 a.m. - 12:00 p.m.

**Nuevo Día! Grupo de apoyo-
en persona**
Miércoles, 14
10:00 a.m. - 11:30 a.m.

**Carita Feliz! Grupo de apoyo
(síndrome de down)**
Viernes, 16
4:00 p.m. - 5:30 p.m.

**Dad Rocks! Grupo de apoyo
(para padre Inglés y Español) Tercer**
Viernes, 16
6:30p.m. - 8:00 p.m.

**Conferencia Anual de Transición
La vida después de la escuela
secundaria... Lo que necesitas
saber...**

Sábado, 24, -en persona
9:00 a.m. - 12:30 p.m.

**Play to Learn
Habilidades motoras gruesas y
finas.**
Miércoles, 28
10:00 a.m. - 11:30 a.m.



**Nuevo Día! Grupo de apoyo-
en persona**
Miércoles, 13
10:00 a.m. - 11:30 a.m.

**Carita Feliz! Grupo de apoyo
(síndrome de down)**
Viernes, 15
4:00 p.m. - 5:30 p.m.

Navegando IEPs
Martes, 26 via Zoom
10:30 AM - 12:00 PM
Enlace de registro:
<https://bit.ly/3OGzjPc>

Play to Learn
Importancia de las habilidades
socioemocionales
Martes, 27
10:30 a.m. - 12:00 p.m.



Financiado en parte por el Departamento de Servicios del Desarrollo de California y el Departamento de Educación de California



Parents' Place is now open on two Saturday's a month!

¡Parents' Place ahora está abierto dos sábados al mes!

*Special Event (may not be a saturday)

*Evento Especial (puede que no sea sabado)

January/Enero

13 8:30 a.m. - 1:00 p.m.
27 8:30 a.m. - 1:00 p.m.

February/Febrero

3 8:30 a.m. - 1:00 p.m.
24 *Transition Conference*

March/Marzo

9 8:30 a.m. - 1:00 p.m.
23 8:30 a.m. - 1:00 p.m.

April/Abril

28 *Info Fair*

May/Mayo

4 8:30 a.m. - 1:00 p.m.
25 8:30 a.m. - 1:00 p.m.

June/Junio

8 8:30 a.m. - 1:00 p.m.
21 *Open House, Friday*

**2/24/2024 TRANSITION CONFERENCE @Parents' Place*

**4/28/24 INFO FAIR @ Cortez Park*

**6/21/23 OPEN HOUSE @Parents' Place*

1500 S. Hyacinth Ave. Ste B
West Covina CA 91791
626-9191091

www.parentsplacefrc.com

2024





Non Profit ID: 954620243

**FREE - The San Gabriel/Pomona Parents' Place
16th Annual Transition Conference
Life After High School...What You Need To Know**

In-Person (Saturday, February 24, 2024, Time: 8:30 a.m. - 1:30 p.m.)

Coronado Alternative School 1500 Francisquito Ave. West Covina, CA 91791

For Parents, Caregivers, Professionals, and youth between the Ages 14-22
who have or had an Individualized Educational Plan (IEP) or 504 Plan

Click [here](https://tinyurl.com/mt2npjkd) to register or enter the <https://tinyurl.com/mt2npjkd>
for the In-Person Conference.



Keynote Speaker

West Covina Councilman Ollie Cantos
Attorney, National Disability Rights
Leader, and Multiple Presidential
Appointee.

Ollie will share about his journey from
the depths of despair as a bully victim
to the highest corridors of power in
Washington, DC. He will illustrate the
fundamental role of high expectations
on the lives of kids and adults with
disabilities.

The first person with a disability in
West Covina ever to be elected in the
City's 100-year history, Ollie will share
a message that promises both to
inform and inspire!

Guest Presenters:

- Alora Behavioral Health; Campus Life
- Alex Wu (Autistrong) - Entrepreneur
- Dr. Amanda Alonzo - BluALLIANCE

*Meet and have the opportunity to speak
with entrepreneurs!*

What will you Gain:

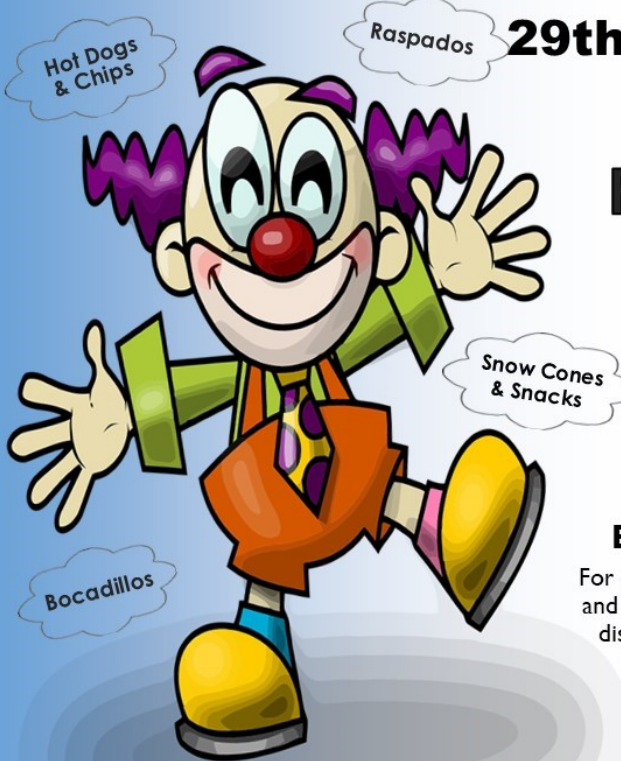
*This year, we are excited to have entrepreneurs of all
abilities and businesses that seek to train and employ
people with disabilities.*

- Get ideas on how to plan your path
- Have the opportunity to learn & Network
- Hear about their journey
- Visit other key agencies

*Join us for a brunch sponsored by Mr. Ollie Cantos and
the Castucci Foundation.*



The San Gabriel/Pomona Parents' Place
along with the City of West Covina
proudly announce the



29th Information Fair & Festival

Festival y Feria Informativa

資訊博覽及節慶

Sunday/Domingo/週日
April 28, 2024
1:00 to 4:00 p.m.

EVERYTHING IS FREE! GRATIS! 免費

For children, teens, young adults with special needs, their families,
and professionals who work with them. Para niños, jóvenes con
discapacidades y para los profesionales que trabajan con ellos.

ALL ABILITIES ARE WELCOMED!

This event is organized & sponsored by:

Parents' Place Family Resource & Empowerment Center
1500 S. Hyacinth Avenue, Suite B, West Covina, CA 91791

Office: (626) 919-1091 Fax: (626) 919-2784 Website: www.parentsplacefrc.com

In conjunction with:

California Department of Developmental Services, California Department of Education
City of West Covina & private donations from community organizations

Location/Lugar/地點:

CORTEZ PARK

2441 E Cortez Avenue
(Off Citrus)

West Covina, CA 91791

ACTIVITIES / ACTIVIDADES/節目

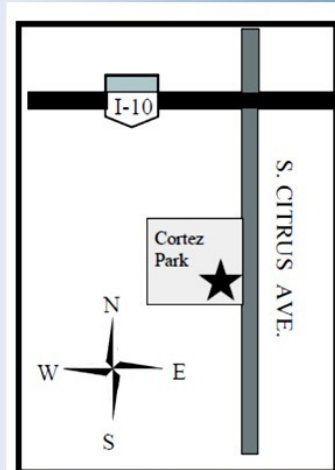
For Children, Teens & Young Adults/Para Niños y Jovenes/小孩

- ◆ Clowns / Payasos/小丑
- ◆ Face Painting / Pintura para la Cara/面部彩繪
- ◆ Moon Bouncers / Brincolin/月球彈跳
- ◆ Game Booths / Juegos/攤位遊戲
- ◆ Sensory Area/Area sensorial/感官區
- ◆ Prizes/Premios/禮物
- ◆ Live Entertainment/Entretenimiento en Vivo/現場表演



For Parents/ Para los Padres/家長

- ◆ Information Booths/Informacion sobre servicios /資訊展覽
- ◆ Support Groups'Area / Grupos de Apoyo/支援小組區
- ◆ Parent networking / Platique con otros padres /家長聯誼
- ◆ Have Fun with your Children /Diviertase con sus hijos/孩子同樂



The Early Start Community

If you have a young child who needs specialized care or has a disability, or if you have a concern about your child's development, there is help and support in your community!

Early Start **Family Resource Centers** help you navigate through Early Start.
www.dds.ca.gov/services/early-start/family-resource-center

Places like **libraries** provide opportunities for learning and inclusion.
www.library.ca.gov/services/to-libraries/library-directory

Child care, preschools, or home visiting programs, such as Early Head Start, can help support development.
mychildcare.ca.gov/#/home

Your child may receive services from their local **school**.
cainclusion.org/camap/map-project-resources/county-specific-resources

Pediatricians check your child's development at 9, 18, & 24 months.
www.cdc.gov/ncbddd/actearly/index.html

Families are the heart of Early Start. Find Early Start resources here:
www.ceitan-earlystart.org/central-directory

Your **health care plan** may cover some services for your child.
www.dmh.ca.gov

If you have concerns about your child's development, start by contacting your local **regional center**.
www.dds.ca.gov/services/early-start/family-resource-center/regional-center-early-start-intake-and-family-resource-centers



The California Department of Developmental Services and the Interagency Coordinating Council on Early Intervention have information for parents and professionals about how to get help and support. For additional questions, please call the Early Start BabyLine at 800-515-BABY (800-515-2229).

Local contact information:

Parents' Place Family Resource & Empowerment Center
626-919-1091
www.parentsplacefrc.com

Design created by Guthrie Devine at Eastern LA FRC.



Our Toy-Book-Video Lending Library is Back!

If you would like to borrow a toy, book, activity box, or video, call us to make an **appointment!** Once your borrowing period ends, you will drop off the items at The Parents' Place location.

All items are sanitized upon return.



Parents' Place activity boxes come with educational toys that address five areas of development: **Language, Fine Motor Skills, Social-Emotional, Cognitive, and Sensory.** You may borrow up to one or two boxes at a time,

To set up an appointment please contact:
Parents' Place Family Resource and Empowerment Center:
(626) 919-1091
1500 S. Hyacinth Ave., Suite B, West Covina., CA 91791
www.parentsplacefrc.com

This program is funded in part by The California Department of Developmental Services, The California Department of Education, and private donors.



NUESTRA BIBLIOTECA DE PRESTAMO DE JUGUETE-LIBRO-VIDEO ESTA DE REGRESO!

Si, usted desea pedir prestado un juguete, libro, video o caja de actividades, **llamamos para programar una cita!** Recogeras una bolsa con tu nombre en la entrada de Parents' Place. Una vez que el periodo de prestamo termine regresaras el articulo a Parents'Place.

TODOS LOS ARTICULOS DE REGRESO, SON DESINFECTADOS



Las cajas de actividades de Parents' Place vienen con material educativo que comprenden las 5 areas de desarrollo: **Lenguaje, Habilidad Motriz Fina, Socio-Emocional, Cognitivo y Sensorial**

Puedes pedir prestado, 2 al mismo tiempo.

Para programar una CITA por favor, contactanos a:
Parents' Place Family Resource and Empowerment Center:
(626) 919-1091
1500 S. Hyacinth Ave., Suite B, West Covina., CA 91791
www.parentsplaefrc.com

This program is funded in part by The California Department of Developmental Services, The California Department of Education, and private donors.



"REACH"

English Support Group
For any information, please call
Parents' Place or
email the facilitator directly at
tavia.l@parentsplacefrc.com

Time: 7:00p.m. to 9:00p.m.
Every first Thursday
of the month
ZOOM/In-Person



"CARITA FELIZ"

Grupo para padres que
tienen

niños con Síndrome de Down
Para más información hablar al
Lugar de los Padres
Facilitadora Voluntaria
Maria de la Torre (626) 919-1091
Hora: 4:00p.m. to 5:30p.m.
Cada tercer Viernes de
cada mes
En Persona



"STARLIGHT"

"華人家長互助小組 -
有特殊需要孩子的家長"
查詢及報名, 請打電話或電郵
Connie Kwok at:
connie.k@parentsplacefrc.com

時間: 上午 10:00a.m. to 12:00p.m.
每月第四個星期二
Every
4th Tuesday
In-Person/ZOOM



"NUEVO DIA"

Para más información hable a
el lugar de los padres o mandar un
correo electrónico a la facilitadora
de este grupo Elena Sanchez a
elena.sanchez@parentsplacefrc.com

Hora: 10:00a.m. to 11:30a.m.
Cada Segundo Miércoles
de cada mes
En Persona



"DAD ROCKS"

Dads Assisting Dads Raising
Outstanding Cool Kids with Special
Needs call Parents' Place or email
Elena Sanchez at:
elena.sanchez@parentsplacefrc.com

Time / Hora: 6:30p.m. to 8:00p.m.
Every third Friday of the month
Cada tercer viernes del mes
English / Español
En Persona



"TEEN TITANS"

A social group for
teenagers with special needs
between the ages of 14 to 17"
For more information,
please call Parents' Place or
email the facilitator directly
maria.luna@parentsplacefrc.com
Time: 6:00p.m. to 8:00p.m.
2nd Friday of every month
Locations may vary
In Person



Parents' Place Virtual/In-Person Support Groups

SUPPORT GROUPS FOR PARENTS OF
CHILDREN WITH SPECIAL NEEDS
GRUPOS DE APOYO PARA PADRES QUE
TIENEN NIÑOS CON NECESIDADES
ESPECIALES

To Register, or for more Information:
Call Parents' Place at (626)919-1091
After you register a link will be sent to
you by email.

Para registrarse o para obtener más
información: Llame a Parents' Place al
(626) 919-1091 Después de registrarse, se
le enviará un enlace a usted por correo
electrónico.

"YOUNG ADULT"
SOCIAL GROUP" Young adults
social group ages-18-22
/grupo social para
adultos jóvenes
email the facilitator directly
cflates@parentsplacefrc.com
Time: 6:00p.m. to 8:30p.m.
Every other month on the 4th
Friday Locations may vary
In-Person



<http://www.parentsplacefrc.com/parents-place-support-groups.html>



“DAD ROCKS”

Dads Assisting Dads Raising Outstanding Cool Kids with Special Needs
(Padres ayudando a otros Padres a criar hijos asombrosos
excepcionales con necesidades especiales)



The San Gabriel/ Pomona PARENTS' PLACE

Invites you to attend our Fathers' In-person Support Group Meetings for fathers who have children with Special Needs. Le invitamos a asistir a nuestras reuniones en persona del grupo de apoyo para padres que tienen hijos con Necesidades Especiales.

Meetings are held every **third Friday of the month.**

Juntas serán cada **tercer Viernes del mes.**

Time / Horario: **6:30 p.m. to 8:00 p.m.**

Location/Dirección: **1500 S. Hyacinth Ave. Suite B
West Covina CA 91791**

For more information please call: (626) 919-1091 or email:

elena.sanchez@parentsplacefrc.com

Para más información por favor de hablar al (626) 919-1091 o correo electrónico: **elena.sanchez@parentsplacefrc.com**





Parents' Place FRC

Invites you to join us on Zoom....

REACH

A parent support group for families who have children with special needs.

1st Thursday of Every Month

7:00 p.m. to 8:00 p.m. - Guest Speaker

8:00 p.m. to 9:00 p.m. - Parent to Parent Support

(English Speaking)



You are invited to a REACH Support Group Meeting via Zoom

Zoom Phone Information:

US: +1 669-900-9128

Meeting ID: 860-9930-7295

One Tap Mobile:

US: +1669-900-9128, 86099307295

Questions? Call (626) 919-1091 or Email the facilitator at:

tavia.l@parentsplacefrc.com

Website: www.parentsplacefrc.com

[Click here to register on Zoom](#)

Schedule of Topics

January 4, 2024,
In Home Supportive Services

February 1, 2024
Executive Functioning

March 7, 2024,
Self Care-The Importance of Mental Health

April 4, 2024, Autism Awareness Acceptance Month (Neurodiversity)

May 2, 2024, To Be Determined

June 6, 2024, To Be Determined



PLAY TO LEARN

INFANTS & TODDLERS 0-5 YEARS



Join our playgroup! It's a great way to have fun while learning how your child is growing and reaching their milestones (0-5 years). There will be fun activities, circle time with a story and time to check in with each other. All participants will receive a certificate of attendance upon request.



Play To Learn meets every last Wednesday of the month contact **Celia Fletes** to register at:

Cfletes@parentsplacefrc.com
or **626-919-1091**

January 31, 2024- Nutrition
February 28, 2024- Gross/Fine Motor Skills

March 27, 2024- Importance of of Social Emotional Skills

Hours: 10:00 a.m. to 11:30 a.m.

Location: 1500 S. Hyacinth Ave. STE B, West Covina, CA. 91791

Cost: FREE!



www.parentsplacefrc.com

Please ask Parents' Place staff about Moving on at Age 3, "transition process" if your child is 24 months or older

THIS PLAYGROUP IS MADE POSSIBLE THROUGH THE DEPARTMENT OF DEVELOPMENTAL SERVICES



PLAY TO LEARN

BEBÉS Y NIÑOS PEQUEÑOS 0-5 AÑOS



¡Únete a nuestro grupo de juego! Es una excelente manera de divertirse mientras aprende cómo su hijo está creciendo y alcanzando sus metas (0-5 años). Habrá actividades divertidas, tiempo en círculo con una historia y tiempo para comunicarse entre sí. Todos los participantes recibirán un certificado de asistencia previa solicitud.



Play To Learn se reúne todos los últimos miércoles del mes comunicarse con **Celia Fletes**

para inscribirte en:

Cfletes@parentsplacefrc.com

o al **626-919-1091**

31 de Enero de 2024- Nutricion

28 de Febrero de 2024-

Habilidades Motorosa Gruesas Y

Finas

de Marzo de 2024- Importancia de las habilidades Socioemocionales

Horario: 10:00 a.m. to 11:30 a.m.

Lugar: 1500 S. Hyacinth Ave. STE B, West Covina, CA. 91791

Costo: Gratis!



www.parentsplacefrc.com

Pregunte al personal de Parents' Place sobre el "proceso de transición" para mudarse a los 3 años si su hijo tiene 24 meses o más

Este grupo de juego es posible gracias al Departamento de Servicios de Desarrollo



**THE SAN GABRIEL/POMONA
PARENTS' PLACE
TEEN TITANS**



When: Second Friday of Each Month

Time: 6:00p.m. to 8:00p.m. (can vary)

Where: Parents' Place (location can change)

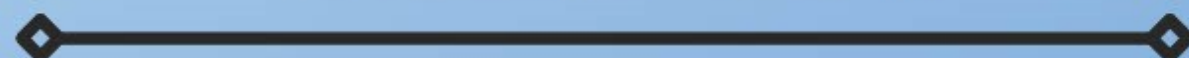
To register your teen for the evening's events please RSVP

Contact: Maria D. Luna or Veronica Ochoa

626-919-1091



Our Mission: Give teens with special needs an opportunity to socialize in a small group setting.



Every teen needs a great group of friends and a place to hang out. Teen Titan Social group offers teens with special needs a safe/welcoming environment to make new friends, hang out and have fun.

This group is intended for teens ages 14-17 & 11 months with mild to moderate special needs. While we strive to include all teens, we are unable to provide 1:1 assistance.

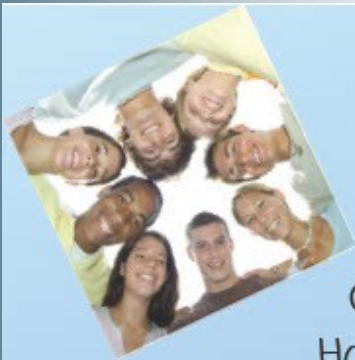
Make new friends!



Come and have fun!

Upcoming Activities:

**Call Parents' Place for details and contact Maria D. Luna or Veronica Ochoa at 626-9191091
parents will be required to stay within the vicinity.**



**THE SAN GABRIEL/POMONA
EL LUGAR DE LOS PADRES
INTRODUCE:**



Grupo de Jóvenes (Teen Titans)

Cuando: Segundo viernes de cada mes

Hora: 6:00p.m. a 8:00p.m. (puede cambiar)

Donde: Parents' Place (locacion puede cambiar)

Para registrar a su hijo/a adolescente para los eventos de la noche, confirme su asistencia.

Contacto: Maria D. Luna o Veronica Ochoa: 626-919-1091

Nuestra Misión es:

Darle a los Jóvenes con necesidad especiales la oportunidad para tener amigos en un grupo pequeño.

Cada Joven necesita tener un grupo de amigos y un lugar para divertirse. El grupo de jóvenes ofrece a los muchachos con necesidades especiales un lugar seguro y amistoso para hacer nuevos amigos, pasar un buen tiempo y divertirse.

Este grupo es para jóvenes entre los 14-17 años con necesidades especiales moderadas. Aunque quisiéramos incluir a todos los jóvenes no podemos proveer asistencia de 1:1

*Has nuevas
amistades!*



*Ven a
divertirte!*

Próximas Actividades:

Favor de hablar a Parents' Place para mas detalles y comunicarse con Maria D. Luna o Veronica Ochoa al 626.919.1091

Recomendamos que los padres esten cerca de las juntas por si se necesita de su ayuda.

Come and
have a good
time!



Make new
friends!

THE SAN GABRIEL/POMONA
PARENTS' PLACE
Young Adult Social Group



When: Fourth Friday of Each Month

Time: 6:00p.m. to 8:00p.m. (can vary)

Where: Parents' Place (location can change)

Cost: Varies depending on the activity

To register your Young Adult for the evening's events please
RSVP

Contact: Lucia Perez - lucia.perez@parentsplacefrc.com or

Celia Fletes - cfletes@parentsplacefrc.com

626-919-1091

Our Mission: Is to provide a safe and supportive environment for young adults from ages 18-26 years old. To come together, socialize and make new friends.

While we strive to include all young adults, we are unable to provide 1:1 assistance. Contact our office to discuss options.

***For Upcoming Activities:
Call Parents' Place for details and contact Lucia Perez or
Celia Fletes at 626-919-1091
parents will be required to stay within the vicinity.***

¡Ven y pásala bien!



Has nuevas amistades!

**THE SAN GABRIEL/POMONA
PARENTS' PLACE
Grupo social de Jóvenes adultos**



Cuándo: cuarto viernes de cada mes

Hora: 6:00 p.m. a 8:00 p.m. (puede variar)

Dónde: Parents' Place (la ubicación puede cambiar)

Costo: Varía dependiendo de la actividad.

Para registrar a su joven adulto de los eventos, confirme su asistencia.

Contacto: Lucía Pérez - lucia.perez@parentsplacefrc.com o

Celia Fletes - cfletes@parentsplacefrc.com

626-919-1091

Nuestra Misión: Es brindar un ambiente seguro y de apoyo para jóvenes adultos de 18 a 26 años. Para reunirse, socializar y hacer nuevas amistades.

Aunque quisiéramos incluir a todos los jóvenes no podemos proveer asistencia de 1:1. Comuníquese con nuestra oficina para mas opciones.

Para las próximas actividades:

Llame a Parents' Place para obtener más detalles y comuníquese con Lucía Pérez o Celia Fletes al 626-919-1091.

Recomendamos que los padres esten cerca de los eventos por si se necesita de su ayuda.

PARENTS' PLACE PRESENTS: IN HOME SUPPORTIVE SERVICES



**What is Office of
Clients' Rights
Advocacy?**

**How do I apply for
In Home Supportive
Services?**



**Presented by Aimee Delgado, Clients' Rights Advocate,
Office of Clients' Rights Advocacy (OCRA)**

**PRE-REGISTRATION REQUIRED!
SIGN UP EARLY, AS SPACE IS LIMITED**

What is OCRA, In Home Supportive Overview?

Friday, January 26, 2024, 10:00 am - 11:00 am

Learn to understand IHSS and how to prepare for the assessment.

To Pre-Register please use the Zoom Registration Link:

<https://tinyurl.com/de2477jv>

After registering, you will receive a confirmation email containing information about joining the meeting. Any questions, please contact Parents' Place at (626) 919-1091, or by email at empower@parentsplacefrc.com



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.



Friendly Reminder

Monday, March 11th, 2024 on Zoom

Time: 2:00 p.m. to 3:00 p.m.

**Topic: Child Abuse Prevention and Resilience
Hosted by Parents' Place in collaboration with the
Los Angeles County Department of Mental Health**

Registration Link: <http://tinyurl.com/mdjbrwn3>

English Presentation



PARENTS' PLACE PRESENTS: SOCIAL SECURITY SUPPLEMENTAL INCOME

How do I apply for SSI? What is the criteria?

What is redetermination?



**Presented by Aimee Delgado, Clients' Rights Advocate,
Office of Clients' Rights Advocacy (OCRA)**

**PRE-REGISTRATION REQUIRED!
SIGN UP EARLY, AS SPACE IS LIMITED**

SSI Overview-In Person

Friday, March 29, 2024, 10:00 am - 12:00 pm – In Person
How to apply, eligibility criteria, redetermination at 18 years old.

To Pre-Register please use the Registration Link: <http://tinyurl.com/4356eb3t>

**Location: Parents' Place Family Resource & Empowerment Center,
1500 S. Hyacinth, Suite B, West Covina, CA 91791 Any questions, please
contact Parents' Place at (626) 919-1091, or by email
empower@parentsplacefrc.com**



LOS ANGELES COUNTY
**DEPARTMENT OF
MENTAL HEALTH**
hope. recovery. wellbeing.



Friendly Reminder

Thursday, May 30th, 2024 on Zoom

Time: 2:00 p.m. to 3:00 p.m.

Topic: Emotional Well-Being Stress

**Hosted by Parents' Place in collaboration with the
Los Angeles County Department of Mental Health**

Registration Link: <https://tinyurl.com/yckkab8k>

English Presentation

TASK

GUIDANCE | EDUCATION | SUPPORT



Parents' Place FRC/FEC
626-919-1091
empower@parentsplacefrc.com

TASK Los Angeles Presents Special Education Workshop Series Partnership with Parents' Place Family Resource Center

Navigating IEPs

Tuesday, March 26, 2024

10:30 AM - 12:00 PM

Registration Link:

<https://bit.ly/45ssMhS>



Assessment Process

Tuesday, May 21, 2024

10:30 AM - 12:00 PM

Registration Link:

<https://bit.ly/3sfF8vD>



TASK Los Angeles presenta una serie de talleres sobre educación especial en colaboración con el Centro de Recursos Familiares Parents' Place

Navegando IEPs

Martes, 26 de marzo de 2024

10:30 AM - 12:00 PM

Enlace de registro:

<https://bit.ly/3OGzjPc>



Proceso de Evaluación

Martes, 21 de mayo de 2024

10:30 AM - 12:00 PM

Enlace de registro:

<https://bit.ly/44dCi7F>





Family Support Hot Topics



CAPTAIN Greatest Hits New Padlet to support Dissemination

<https://padlet.com/frcnetworkca/captain-padlet-1vgz7lq41zrajst>

Infographic on ELAFRCs Parent Implemented Intervention Support Group and Training Pilot

FRCNCA Padlet for Transition from Part C to Part B for Black and Latinx Students

<https://padlet.com/frcnetworkca/frcnca-strengthening-part-c-to-part-b-transition-for-black-a-53elnst2d8fm7oxu>

DOWN FOR DANCE

proudly presents our . . .

WINTER MASTER SERIES

JOIN US FOR 5
UNIQUE EXPERIENCES

ONLINE MASTER CLASS:

- CONTEMPORARY
- SATURDAY 1/27

IN-PERSON SCHEDULE:

- ACTING: Sat 1/13
- BALLET: Sat 1/20
- MODERN: Sat 2/03
- SOUND BATH: Sat 2/17

In-person classes held at:

DANCE STUDIO OF ORANGE COUNTY

21196 Beach Blvd, Huntington Beach



visit our website
for all details

www.downfordance.org

email questions to info@downfordance.org



CREANDO LIDERAZGO ENTRE PADRES



LOS MARTES

DE 6:00 – 8:00 PM

SESIÓN

1

FEBRERO 6, 2024

Alcanzando un mejor futuro para mi hijo

SESIÓN

2

FEBRERO 13, 2024

El Padre, el mejor abogado

SESIÓN

3

FEBRERO 20, 2024

El poder de estar informado: Servicios y Recursos

SESIÓN

4

FEBRERO 27, 2024

Aplicando mis nuevas habilidades de liderazgo

SESIÓN

5

MARZO 5, 2024

CLAP-P Sesión Extra: Redes De Contactos y El Prejuicio Implícito



GRATIS
TALLER PARA PADRES

**4 SESIONES DEL TALLER
MÁS 1 SESIÓN EXTRA**

**PARA SERVICIOS DEL
CENTRO REGIONAL**



**ESCANEE
AQUÍ PARA
REGISTRAR
EN LÍNEA**

GRATIS RESERVA SU LUGAR



Victor : 323-528-6727

¡REGÍSTRESE HOY!

vcampos@familiasfirst.com

WWW.CLAPWORKSHOP.COM

FINANCIADO POR EL DEPARTAMENTO DE SERVICIOS DE DESARROLLO (DDS)

CLAP 2024



VALENTINE'S COOKIE DECORATING CLASS

FOR KIDS AND YOUNG ADULTS

THIS IS AN INCLUSIVE CLASS. WE WELCOME KIDS
OF ALL ABILITIES AGES 6-26

SATURDAY, FEBRUARY 3, 2023

10AM- 11:30AM

PARENTS' PLACE

1500 S. HYACINTH AVE, WEST COVINA

\$25 PER CHILD

(ASK ABOUT OUR SCHOLARSHIPS, LIMITED NUMBER AVAILABLE)

REGISTER @ [SWEETNVBAKESHOP.COM](https://www.sweetnvbakeshop.com)

ADVANCE REGISTRATION IS REQUIRED

FOR QUESTIONS CONTACT VALENTINA @ 626-678-7330

We go together like...



CLASS INCLUDES A COMPLETE KIT TO
DECORATE 4 VANILLA SUGAR COOKIES AND
DECORATING INSTRUCTION. KIDS AND
YOUNG ADULTS ARE WELCOME TO ATTEND
CLASS WITH A PARENT/CAREGIVER, SIBLING
OR COACH FOR EXTRA SUPPORT.





VALENTINE'S

Clase para niños y jóvenes para aprender a decorar galletas

ESTE ES UNA CLASE INCLUSIVA. NIÑOS Y JÓVENES DE TODOS HABILIDADES SON BIENVENIDOS (EIDADES 6 A 26 AÑOS)

SÁBADO 3 DE FEBRERO 2023

10AM- 11:30AM

PARENTS' PLACE

1500 S. HYACINTH AVE, WEST COVINA

\$25 CADA NIÑO

(PREGUNTE POR NUESTRA BECA, ESPACIO LIMITADO)

REGISTRO @ SWEETNVBAKESHOP.COM

(REGISTRACIÓN PREVIA ES REQUERIDA)

PARA CUALQUIER PREGUNTA, HABLAR CON VALENTINA

@ 626-678-7330

We go together like...



LA CLASE INCLUYE UN KIT COMPLETO PARA DECORAR 4 GALLETAS VAINILLA AZUCARADAS E INSTRUCCIONES PARA DECORARLAS. LOS NIÑOS Y JÓVENES PUEDEN SENTIRSE LIBRES DE ATENDER LA CLASE CON UN PADRE, HERMANO/A O

AYUDANTE PARA TENER UN APOYO ADICIONAL. GRACIAS



CREATING LEADERSHIP AMONG PARENTS



ON THURSDAYS

FROM 6:00 – 8:00 PM



SESSION

MAY 2, 2024

1

Crossing the Bridge:
Preparing for Transitions.

SESSION

MAY 9, 2024

2

Giving a Voice to My Child: Parent -
Regional Center Relationship.

SESSION

MAY 16, 2024

3

So What Services &
Resources Are Available?

SESSION

MAY 23, 2024

4

Applying the Leadership
Skills that I've Learned

SESSION

MAY 30, 2024

5

Bonus CLAP-P Session:
Networking & Implicit Bias

FREE
PARENT WORKSHOP

4 WORKSHOP SESSIONS
PLUS 1 BONUS SESSION

PARENT WORKSHOP FOR
REGIONAL CENTER SERVICES



SCAN
HERE TO
REGISTER
ONLINE

FREE RESERVE YOUR SPOT



VIA ZOOM

Victor : 323-528-6727

REGISTER TODAY!

vcampos@familiasfirst.com

WWW.CLAPWORKSHOP.COM



PARENTS' PLACE FAMILY RESOURCE AND EMPOWERMENT CENTER
1500 S. HYACINTH AVENUE, SUITE B, WEST COVINA, CA 91791
WWW.PARENTSPLACEFRC.COM (626) 919-1091
UPDATED AS OF JANUARY 2024

FOOD BANK INFORMATION
(subject to change):

1-SHEPARDS PANTRY

13020 FRANCISQUITO AVE. STE.10
BALDWIN PARK CA 91706, 626-671-0090
FRIDAY 5:00pm-7:00pm, location sometimes
has diapers.

2- SHEPARDS PANTRY

1418 ARROW HWY. IRWINDALE CA 91706
(626) 305-0392 TUESDAYS EVENING
5:00pm-7pm, location sometimes has diapers.

3- SHEPARDS PANTRY

667 E. ARROW HIGHWAY STE. J
GLENORA CA 91740 626-852-7630
WEDNESDAYS & THURSDAYS
5:00 –7:00 pm (626) 305-0392 (location
sometimes has diapers)
[https://www.shepherdspantry.com/locations-
services/irwindale/](https://www.shepherdspantry.com/locations-services/irwindale/)

All Los Angeles County residents. You must
register. You must go only to the location you
registered. Bring proof of address-Proof of income
all household- Proof of children living at home
(School ID, medical or any ID with a picture.)
HOMELESS: Open Monday-Wednesday-Friday
from 10:30 am-11:30 pm

ST. JOHN VIANNEY CHURCH

1345 TURNBULL CANYON RD.
HACIENDA HTS. CA 91745
Ph: 626-330-2269
Food distribution on Saturdays 8:00-10:00am.
Food open to residents/non-residents.

ST STEPHENS BAPTIST CHURCH

1720 N. WALNUT AVE.
LA PUENTE CA 91744 626-918-3227
2ND & 4TH THURSDAY 3:00 pm 6:00 pm

**November & December distribution will be only
on 2nd Thursday due to holidays.

www.stsbc.org, Contact number is
(626) 918-3225 and (626) 918-3227.

INLAND VALLEY HOPE PARTNERS

110 E. THIRD ST. SAN DIMAS CA 91768
909-622-3806 MONDAY & THURSDAY 2:00 pm –
4:00 pm (Need to bring ID- Proof of income- School
ID for children or any proof document, that show
living at residence.
Email: Info@inlandvalleyhopepartners.org

For Additional Locations:

[http://www.inlandvalleyhopepartners.org/Program-Services/
Food-Security-Program.asp](http://www.inlandvalleyhopepartners.org/Program-Services/Food-Security-Program.asp)

GREATER NEW LIGHT BAPTIST CHURCH

1734 ARROYO AVE. POMONA CA 91768,
(909) 623-7616 TUESDAY 11:00am-12:00pm,
greatlightbaptist.com (Bread only)

SAN GABRIEL VALLEY FAMILY CENTER

4602 N. PECK ROAD. EL MONTE CA 91732
Please call no website: 626-442-5470 THURSDAYS
2:00 pm.-4:00pm.(You must wear mask and gloves.
They will distribute food during the summer).

OUR SAVIOR CENTER

4368 SANTA ANITA AVE. EL MONTE, CA 91731
626-579-2190 TUESDAYS-THURSDAYS
10:00 am-1:00 pm www.our-center.org, [info@our-
center.org](mailto:info@our-center.org), Picture ID-Proof of Income. Proof of
children living at home. Address proof.
Appointments only. (Locations sometimes has
diapers) <http://www.our-center.org/outreach>

Foothill Family Shelter Information & Resources
(BABY SUPPLIES):

1501 W. NINTH ST. STE. D UPLAND, CA
(909) 920-0453, Food Assistance Tuesday-Friday
from 9:00 am to 12:00 pm & 1:00 pm to 5:00 pm
Closed for lunch from 12:00 pm-1pm pm Needs to
show ID & proof of residency [Serving Claremont](http://www.servingclaremont.org),
[LaVerne](http://www.laverne.org), [Montclair](http://www.montclair.edu), [Ontario](http://www.ontario.org), [Rancho Cucamonga](http://www.rancho-cucamonga.org) &
[Upland Areas](http://www.uplandareas.org).

Community Heart Food Bank

10871 S. Central Avenue, Ontario, CA 91762
Thursdays from 9 am to 1 pm, Contact number is
(909) 364-1677



PARENTS' PLACE FAMILY RESOURCE AND EMPOWERMENT CENTER
1500 S. HYACINTH AVENUE, SUITE B, WEST COVINA, CA 91791
WWW.PARENTSPLACEFRC.COM (626) 919-1091

FOOD BANKS (continued)

LA HABRA CHRISTIAN CHURCH

1400 BELLA VISTA DR. LA HABRA CA 90631,
562-691-0514 (Residents Only)
4TH SATURDAY OF THE MONTH
9:00am-11:00pm. Office@mylhcc.com

CHURCH OF REDEEMER

3739 NORTH MONTEREY AVE.
BALDWIN PARK CA 91706 Monday thru
Thursday 9:00 am to 1:00 pm 626-206-4040
(**APPOINTMENT ONLY.**) Call to make an
appointment. **Delivery for Seniors**
Contact: Cecilia (626) 552-2277

FIRST UNITED LA PUENTE METHODIST CHURCH

15701 E. HILL ST., LA PUENTE CA 91744,
626-968-9394, Last Sunday of the month
(10:00am-12:30pm)
<https://www.facebook.com/pages/First-United-Methodist-Church-of-La-Puente/109521375750649>

II ADAM MINISTERS

15849 E. MAIN ST. LA PUENTE CA 91744,
1-562-706-9373
EVERY OTHER THURSDAY 5:00pm-7:00pm
<https://www.facebook.com/2adamministries/>

VISION DE CRISTO MINISTERIO KAIROS

371 WORKMAN MILL ROAD LA PUENTE CA
91746, 626-367-0690 SATURDAY 9:00am-
10:30am (Drive thru. Will continue every Saturday.
Need to write down in a paper. Name & Address
also the # of persons in the family).
Ministeriokairosinternacional.com

GODS PANTRY

246 E. CENTER ST. POMONA CA 91767,
(909) 455-4531 Wednesday 2:00pm to 5:00pm.
www.godspantry.org, www.facebook.com/godspantryca

FOOTHILL UNITY CENTER, IN PASADENA

The center provides emergency food, health services, holiday assistance, personal goods, and shelter for people who live in the eleven city service areas; services are provided through two sites. The service areas for the *Monrovia site* are *Arcadia, Azusa, Baldwin Park, Bradbury, Duarte, Irwindale, Monrovia,* and *Sierra Madre*; the service areas for the *Pasadena site* are *Altadena, Pasadena,* and *South Pasadena*. Geographic restrictions apply for most services. (Tuesday & Thursday, 10:00 am to 1:00 pm (Call for service (626) 579-2190 ext. 5) [Sometimes has diapers]

211 FOOD FINDER LOCATOR:

Click on the link and you can find food locations in our area. You are able to narrow the search down by address and it will show you food locations close by. This system is updated every two weeks or as needed.

<https://foodfinder.211la.org/-118.624071,33.687458,-117.225295,34.258734?layers=22>

The Health Homes Program:

(Med-I-Cal) Website: bit.ly/plandirectory The Health Homes Program (HHP) offers extra services at no cost to Medi-Cal members with certain chronic health and/or mental health issues who have high health care needs or do not have a place to live. Contact winter @harbageconsulting.com call 1-800-430-4263 to see if you would qualify for the program. Hours: Monday –Friday, 8am –5pm PT (not holidays) For phone numbers for members who speak languages other than English
TTY 1-800-430-7077



PARENTS' PLACE FAMILY RESOURCE AND EMPOWERMENT CENTER
1500 S. HYACINTH AVENUE, SUITE B, WEST COVINA, CA 91791
WWW.PARENTSPLACEFRC.COM (626) 919-1091

FOOD BANKS (continued)

ROWLAND HEIGHTS COMMUNITY CHRISTIAN CHURCH

19309 COLIMA ROAD. ROWLAND HTS. CA 91748, 626-965-3033
4TH THURSDAY OF THE MONTH
9:00am.-11:00am. Drive Thru (rhcc.net/meet-our-staff/rhccc.net, www.facebook.com/rhcccunited)

ST. JOHN COPTIC ORTHODOX

21329 E. CIENEGA AVE. COVINA CA 91724
562-691-0299 /909-592-8847
2ND & 4TH THURSDAY OF THE MONTH
4:00pm -6:00pm www.mystjohn.org

BALDWIN PARK BILINGUAL S.D.A. CHURCH

13965 E. RAMONA PARKWAY.
BALDWIN PARK CA 91706
WEDNESDAY
4:00 pm-7:30 pm (Except 5th Wednesday of the month). (626) 727-2018 ask for access code.
baldwinparkbilingualca.adventistchurch.org

IGLESIA DE CRISTO ELIM

550 S. HOLLENBECK AVE. COVINA CA 91723
626-915-5300 SATURDAYS 8:00 am -9:00 am
however, line starts forming at 7:00am Drive thru
www.elimchurch.org
www.iglesiaelim.org, www.facebook.com/Iglesia-De-Cristo-Elim

PROJECT 29:11, A COMMUNITY DEVELOPMENT CORPORATION

418 N. SECOND AVE. COVINA CA 91723
(626) 634-5319, FRIDAY 1:00 pm- 5:00 pm

BUDDHIST TZU CHI FOUNDATION

17840 VILLA CORTA ST. LA PUENTE CA 91744
626-448-1362
JUNE 3RD-4TH 9:00 am -11:00 am
www.tzuchi.us, info@tzuchi.us

SOWING SEED FOR LIFE

305 E ARROW HWY. POMONA CA 91767
(909) 293-7735
1st & 3rd Wednesday 8:00am—12:00pm
sowingseedforlife.org/visit-the-foodbank
sowingseedsforlife.org

La Casa de San Gabriel Community Center

Phone: 626-286-2144
Food distribution takes place on the 1st and 3rd Friday of each month. The next food distribution is on October 15th located at 214 East El Monte Street, San Gabriel.

Project Room Key:

helps with housing during COVID.
<https://covid19.lacounty.gov/project-roomkey/#:~:text=Project%20Roomkey%20is%20a%20collaborative%20effort%20by%20the,stay%20inside%20to%20prevent%20the%20spread%20of%20COVID-19>

NEW SONG CHURCH

945 W. COVINA BLVD.
SAN DIMAS CA 91733
909-394-9488
Drive thru only one car per family. Go to website for distribution days <https://newsongsd.org/>



PARENTS' PLACE FAMILY RESOURCE AND EMPOWERMENT CENTER
1500 S. HYACINTH AVENUE, SUITE B, WEST COVINA, CA 91791
WWW.PARENTSPLACEFRC.COM (626) 919-1091

ONLINE RESOURCES:

[Aquarium of the Pacific Online Academy:](#)

<http://www.aquariumofpacific.org/news/aquariumacademy>

[CAPTAIN \(Autism & Other Disabilities\):](#)

Resources for parents and professionals.

[English Padlet:](#)

<https://padlet.com/SELPACAPTAIN/xr3r3q3szpyf>

[Spanish Padlet for Families:](#)

<https://padlet.com/SELPACAPTAIN/c4ibcglc414h>

[CAPTAIN Parent & Family Support Page:](#)

Website: <https://captain.ca.gov/families.html>

[English Information:](#) <http://www.captain.ca.gov/documents/CAPTAIN%20infographic%20for%20families%20v7.pdf>

[Spanish Information:](#) <http://www.captain.ca.gov/documents/CAPTAIN%20infographic%20for%20families%20v9-Spanish-4-3-20.pdf>

[Braille Institute:](#)

Dr. Bill Telephone series is an educational program focusing on pediatric eye conditions for parents, teachers and other professionals working with young children with visual impairment (s). Tele-seminars held on the 2nd Tuesday of the month from 7:00-8:00pm PST, unless a change in time/date is announced. To join the call, please dial: 1-888-247-8947. When the operator prompts, dial the pass code: 460500. Once you have entered the call, you will be asked to press *6 to mute your line to ensure the quality of the recording. www.brailleinstitute.org

[Braille Podcast:](#)

The lecture portion of the call is available as a podcast after the call on the Airs-LA and Braille Institute websites: To access the podcasts please visit: www.airsla.org

EARLY INTEVENTION:

[Birth to 5 Watch Me Thrive:](#)

<https://www2.ed.gov/about/inits/list/watch-me-thrive/index.html>

[What is Early Intervention?:](#)

<https://www.cdc.gov/ncbddd/actearly/parents/states.html>

[Take a Minute \(Relationships Matter\):](#)

<https://earlystartneighborhood.ning.com/ssip-resources/TaMvideo>

[Indoor Gross Motor Activities:](#)

<https://www.themeasuredmom.com/indoor-gross-motor-activities/>

STRUCTURE AND ROUTINES:

[Parents Video on Routines](#)

<https://www.parents.com/baby/sleep/schedule/how-to-develop-bedtime-routines/>

[Creating Routines for Love & Learning](#)

<https://www.zerotothree.org/resources/223-creating-routines-for-love-and-learning>

[Social and Emotional Development Video:](#)

Zero to Three provides videos on a variety of topics for children birth to 3 years of age.

<https://www.zerotothree.org/espanol/social-and-emotional-development>

[Action for Healthy Movement:](#)

<https://www.actionforhealthykids.org/healthy-activities-to-do-at-home/>



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Online Resources (continued)

Arcadia Library

is offering a front door pick up options.

https://www.arcadiaca.gov/enrich/arcadia_public_library/general_information/whats_new_at_the_library.php

Azusa Library Online:

Storytime! Don't miss out on Storytime! We are offering virtual storytime three days a week. Be sure to follow the City of Azusa on Instagram @azusacity to see storytime live!

<https://www.ci.azusa.ca.us/1841/Activities-for-Kids>

Baldwin Park Library

<https://lacountylibrary.org/baldwin-park-library/>

Covina Library Online:

Offering ebooks.

<https://covinaca.gov/library/page/e-books-audio>

Diamond Bar Library:

<https://lacountylibrary.org/diamond-bar-library/>

Glendora Library:

Offering Library to Go option.

<https://www.cityofglendora.org/services/library/library-to-go>:

Glendora Library is also offering Story Time on Instagram. @cityofglendora

Pasadena Public Library

Kids: <https://www.cityofpasadena.net/library/kids/>

Teens:

<https://www.cityofpasadena.net/library/teens/>

Resources for All

<https://www.cityofpasadena.net/library/ebooks-and-audiobooks/>

San Dimas:

<https://lacountylibrary.org/san-dimas-library/>

Walnut Library:

<https://lacountylibrary.org/walnut-library/>

West Covina:

<https://lacountylibrary.org/west-covina-library/>

Internet For All:

http://www.internetforallnow.org/get_affordable_internet_today

Parenting Classes 4 U:

1055 E. Colorado Blvd. 5th floor, Pasadena CA, 91106 open 24hrs. 1 888-595-4557

Parentingclasses4u.com

Co-Parenting classes on line:

Parenting classes/group in home video conf. Court ordered. Provides co-parenting classes

<https://www.choose2bebetter.com>

Center for Integrated Family + Health Services

<http://www.cifhs.org/classes>

Screen Free Parenting:



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Online Resources

About LA County Library

Founded in 1912, LA County Library is one of the largest and most innovative library systems in the US. It offers free public resources including books, music, multimedia materials, computer and internet access, and educational and recreational services to 3.4 million residents across 3,000 square miles through its 86 community libraries and mobile fleet of 14 vehicles, including 3 bookmobiles, 6 MākMō (maker mobiles), and 5 Reading Machines. LA County Library is dedicated to reducing barriers and increasing access to and equity of public services for all. To learn more, visit LACountyLibrary.org and follow @LACountyLibrary on [Facebook](#), [Twitter](#) and [Instagram](#).

CONTACT:

Pam Broussard, Public Information Office

A C Bilbrew	Lancaster
Angelo M. Iacoboni	Lawndale
Baldwin Park	Leland R. Weaver
Carson	Lennox
Compton	Los Nietos
El Camino Real	Paramount
El Monte	Quartz Hill
Hawthorne	Rowland Heights
Huntington Park	San Fernando
Lynwood	San Gabriel
La Puente	South Whittier
Lake Los Angeles	West Covina

562.940.7106, pbroussard@library.lacounty.gov

LA COUNTY LIBRARY'S READING PROGRAM!

A Customers of All Ages are Encouraged to Log Reading, Complete Fun Activities, Earn Free Books & Prizes, and Attend Library Events. County Library celebrates reading, learning, and exploration for library customers of all ages with its Discovery Program.

Beanstack: Reading Challenges and Personalized Recommendations



Customers interested in participating can sign up individually or as a family online at LACountyLibrary.org/Summer-Discovery or pick up a paper version of the game and activity ideas at their local library.

LA COUNTY LIBRARY MINDFULNESS:

<https://lacountylibrary.org/mindfulness-tips/>





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Online Resources (continued)

Happy Heart Parenting:

Parenting Classes online/Court approved Please call for prices! 760-415-0550

<https://happyheartparenting.com/>

Logan Parenting Classes:

DCFS court approve, check chart for price.

<http://www.loganparentingclasses.com/>

NAMI:

<https://publiccourseapi.nami.org/Learner/>

[Login?](#)

[&utm_source=Facebook&utm_medium=NewsfeedAD&utm_campaign=Basics2020](#)

Support Groups Central:

Offers a variety of different support groups online. www.supportgroupscentral.com

Virtual Museum Tours:

<https://www.abc10.com/article/entertainment/museumsofferingvirtualtours/103-3b3be900-2956-4ac3-88e3-43ec2880fc2b>

Family Autism Network:

Serving families in Orange County, CA and sharing ideas and resources world-wide.

Parenting Black Children:

Our partners include San Gabriel Pomona Regional Center, Department of Developmental Services & the Kennedy Autism Foundation ideas and resources world-wide.

www.parentingblackchildren.org

Virtual Field Trips for Early Learners:

<https://www.waterford.org/resources/3-great-virtual-field-trips-for-early-learners/>

Free Learning Resources:

We Are Teachers

<https://www.weareteachers.com/free-online-learning-resources/>

Scholastic Learning:

<https://www.scholastic.com/teachers/teaching-tools/articles/resources/scholastic-learn-at-home--free-resources-for-school-closures.html#>

Cal Poly Pomona Discovery Farm Field trips:

have become a very popular virtual outlet for exploring and learning about Agriculture and the Food we eat. Come explore and learn about farming. Students receive badges as they complete each topic!

<https://www.cpp.edu/~agriscapes/field-trips-virtual.html>

Mt. Sac Classes: FREE:

available through Mt. San Antonio College's School of Continuing Education. Anyone 18 years of age and older can enroll. **IMPACT** courses are specifically adapted for adults with special needs. Contact Sabeena Sonia at ssoni@mtsac.edu for further information. Instagram information [@mtsacimpact](#)

Housing Rights:

Project Place Listing

Contact: Katherine Jara, Outreach Coordinator;
outreachmeetings@housingrightscenter.org,
www.housingrightscenter.org TTY: (213) 201-0867
Housing Rights Hotline: (800) 477-5977

Rent Assistance:

www.lacda.org/programs/rent-relief



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Online Resources (continued)

TRANSITION RESOURCES:

Department of Rehabilitation:

<https://www.dor.ca.gov/Home/StudentsandYouth>

SPIRITT FAMILY SERVICES:

Providing weekly workshops on Fridays from 2 pm to 3:30 pm on Zoom. Meeting ID: 104 511 900 Password: 38655 Contact person: Daisy R., (562) 322-5277 or Maria L. (562) 631-3701.

ZOOM: <https://zoom.us/j/104511900?pwd=UXZMSzZqRkc5SkhjSE1s>

Transition to Adulthood Resource:

Information:

UC Davis MIND Institute. Provides information on emergency preparedness, college, housing, videos, and much more!

<https://health.ucdavis.edu/mindinstitute/resources/adulthood.html>

Transition Toolkit Resources:

Provides information for young adults/parents to print out and create your own notebook for transition services.

<http://tknyouth.sdsu.edu/resources.html>

San Gabriel/Pomona Regional

Center Resources:

SG/PRC VENDOR Meetings

<https://www.sgprc.org/about-us/coronavirus-covid-19/coronavirus-special-alerts-for-providers/weekly-covid-19-vac-meetings>

SG/PRC COMMUNITY MEETINGS

<https://www.sgprc.org/about-us/coronavirus-covid-19/sg-prc-community-meetings>

MEETINGS

<https://www.sgprc.org/Home/>

SAN GABRIEL POMONA REGIONAL CENTER PARENT TRAINING PORTAL:

This is an online resource that offers training modules to parents; providing tools and techniques that will effectively guide parents on how to support their children. <https://sgprcparent.arcalearn.org/Login/Login.aspx>

DISCLAIMER

Parents' Place is not affiliated in any way with the resources listed. The information above is to be used only as a resource/ reference list. If you have any questions please contact our agency at 626-919-1091.

Parents' Place no está afiliado de ninguna manera con los recursos en estas listas. La información debe usarse solo como una lista de recursos / referencias Si tiene alguna pregunta, comuníquese con nuestra agencia al 626-919-1091.

[家長天地]與所列資源沒有任何關係。以上訊息僅用作資源/參考列表。如有任何疑問，請致電626-919-1091與我們聯繫。

Parents' Place không có sự liên kết nào với các tài liệu được liệt kê. Những thông tin trên chỉ được sử dụng làm tài liệu / danh sách tham khảo. Nếu quý vị có bất kỳ câu hỏi nào, xin vui lòng liên lạc với cơ quan của chúng tôi tại 626-919-1091.